



Cosmas Pharmacy are a local online pharmacy with your health at our heart.



### Contact Us

Cosmas Pharmacy Pharmacy Unit 98 New Market Road, Norwich NR4 6UD

Tel: 01603-920370

cosmasonlinepharmacy@gmail.com www.cosmaspharmacy.co.uk

# **COSMAS**PHARMACY

Your Local, Independent Online Pharmacy

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cosmasonlinepharmacy@gmail.com www.cosmaspharmacy.co.uk This type of pharmacy is known as a "distance selling" or internet pharmacy. As an on-line only pharmacy, we offer a wide range of services for you and your family, wherever you live in England, but you are not permitted to access the pharmacy premises in person.

All services are provided in a non face-to-face way, mainly via telephone, website, delivery and email. We are registered with the General Pharmaceutical Council and have a pharmacist available throughout normal operating hours.

## **Our NHS Services**

We provide the above NHS services on behalf of:

NHS England PO Box 16738, Redditch, B97 9PT.

England.contactus@nhs.net 0300 311 22 33

#### **Our NHS Services**

#### **NHS Dispensing**

We dispense NHS prescriptions and deliver anywhere in England and will give advice on how to get the most benefit from your medicines. We keep a comprehensive stock of medicines to enable us to fill all prescriptions promptly. We do not provide this service faceto-face, but will deliver your medicine to you instead.

This includes the electronic prescription service if we are nominated as your pharmacy.

#### **NHS Repeat Dispensing**

We can also dispense NHS repeat dispensing prescriptions issued by your doctor. Ask us for more information about this service.

#### Medicine containers

All medicines are dispensed in child-resistant containers unless you ask us not to.

Please remember: keep all medicines out of the reach and sight of children. Our pharmacist can advise you on safe storage of medicines.

#### NHS Unwanted Medicines service

Please contact us if you have any unwanted medicines that you need to return to the pharmacy where we will dispose of them safely. See website for details.

#### NHS Health Advice and Self-care

The pharmacist and our trained assistants are available for advice on all medicines and minor ailments, via our website or telephone. We can also give you advice on how to live a healthy life, for example, advice on how to stop smoking or healthy diets. We can direct you to other sources of advice and assistance if we cannot help you ourselves.

#### Signposting

We can direct you to providers of services that we do not provide at our pharmacy. See the website or ask for details.

#### Promotion of Health Lifestyles

We can provide advice to how to make your lifestyle healthier and seek to identify ways that we can assist you to achieve healthier living. We also take part in Public Health Campaigns.

#### Patient Medication Records

Our computer allows us to keep records of all your prescriptions dispensed by us. This helps us check for possible problems, such as reactions between medicines and will help us deal with any queries you may have. We comply with the Data Protection Act, GDPR and the NHS code of practice on confidentiality. If you want to discuss the records we keep, please contact the pharmacist

# Other Services we provide:

#### Medicines sales

We keep a wide range of medicines and vitamins and mineral supplements and can give on-line/ telephone advice on best use of these.

#### **Emergency supplies**

If you need one of your regular medicines in an emergency when you are unable to contact your doctor, we may be able to help.

We must stress that this can only be done in genuine emergencies and it may incur a charge. Please contact the Pharmacy for more details.

Your doctor can also contact us to request an urgent supply of medicines for you.



#### **OPENING HOURS**

Monday - Friday: 9am-6pm (closed between 1pm - 2pm)

Saturday - Sunday: Closed

When the pharmacy is closed, if you urgently need medical help or advice, but it's not a life-threatening situation, contact NHS 111, by calling 111. Information can also be accessed at www.nhs.uk

Your Superintendent Pharmacist: Jovin Mulloor (GPHC - 2086777)

# Comments, Suggestions, Complaints and Compliments

Our aim is to give the highest possible standard of service. We would like you to tell us what you think about the service we provide from this pharmacy. If you have any comments, suggestions or complaints, or would like to know more about the services we offer, please telephone or email using the contact details at the end of this leaflet.

We welcome any general comments about the services we provide and any suggestions of ways in which we can improve our services to you.

We operate a complaints procedure as part of the NHS system for dealing with complaints. Our system meets national criteria. Our [Pharmacist/Complaints Manager] will give you further information.

You can also complain directly to NHS England (details above)

Our staff work hard to provide you with the best possible service. Please treat them with the courtesy and respect they deserve. The pharmacy is not obliged to serve violent or abusive customers.